



COMMUNITY RESOURCE GUIDE



Keystone
Health

INDEX

FOOD.....	1
Children's Programs.....	1
Community Meals.....	2
Food Benefits & Assistance.....	3
Food Banks & Pantries.....	4
Meal Delivery Services.....	6
Other Food Assistance Services.....	6
CLOTHING, HOUSEHOLD, & BABY ITEMS.....	7
Baby Items & Assistance.....	8
Clothing.....	8
Household Items.....	9
HOUSING.....	10
Rental Assistance.....	10
Mortgage Assistance.....	11
Other Housing Assistance.....	11
Shelters.....	12
DOMESTIC VIOLENCE AND ABUSE.....	13
UTILITIES.....	14
Electric.....	14
Energy Assistance For Seniors And/Or Those With Medical Needs.....	15
General Utility Assistance.....	16
Phone And Internet.....	17
Personal/Medical Emergency Response Systems.....	18
ADULT EDUCATION AND JOB TRAINING/PLACEMENT.....	19
Adult Education.....	19
English As A Second Language.....	20
Job Training And Placement.....	20
Budgeting And Self Sufficiency Classes/Support.....	21
HEALTHCARE.....	22
Health.....	22
Pharmacies And Prescriptions.....	24
TRANSPORTATION.....	25
SOCIAL ISOLATION.....	26
MILITARY SUPPORT.....	27
LEGAL SERVICES.....	28

FOOD

211

Dial 211 from any phone for free information about other community resources.

CHILDREN'S PROGRAMS

Building Pride in Chambersburg, Inc. (BOPIC)

Any child who qualifies for free/reduced meals in school can receive fresh nutritional foods during the summer months. Also teaches healthy eating, buying, and preparation.

717-263-2100

Hound Packs for Shippensburg School District Students

Provides a backpack of 7 weekend meals during the school year for Shippensburg School District students with food insecurity. Call to enroll.

717-477-1961

Power of Produce (POP)

Children ages 3-12 receive \$2 in tokens each week to spend on fresh produce at the North Square Farmer's Market. This program is held Saturday mornings from mid-May through October.

717-264-1470

Shippensburg Community Resource Coalition

Provides meals and healthy living education to help ensure Shippensburg area children have their nutritional needs met during the summer break from school.

717-477-1961

Shippensburg Produce and Outreach (SPO)

Provides fresh, healthy, perishable food items to residents in the Shippensburg Area School District that meet income guidelines. Every Tuesday from 4-6PM.

Call first, must be registered.

Shippensburg, PA 717-477-9100

Summer Learning Program

Offers free activities, breakfast, and lunch for 7 weeks in the summer. Monday through Friday from 8:30 am-12 pm. Call to register and find out dates for the summer.

Shippensburg Community Resource Coalition, Shippensburg, PA • 717-477-1961

COMMUNITY MEALS

Chambersburg Church of the Brethren

A community dinner is served on the first Wednesday of each month at 5:15 pm.
Free to the community.
260 S. Fourth Street, Chambersburg, PA 17201 • 717-264-6957

Chambersburg Mosaic Church of the Nazarene

Free breakfast on the second Saturday of each month from 8 am-11 am. Meals are made-to-order. Food pantry also available, call for times.
560 Black Avenue, Chambersburg, PA 17201 • 717-414-8024

Christ United Methodist Church, Shippensburg

Offering a to-go style meal the first Tuesday of every month at 5:30pm.
Use Apple Street to enter and come to the downstairs door to grab your meal.
47 E. King Street, Shippensburg, PA 17257 • 717-532-6850

Christ United Methodist Church, Waynesboro

A free community dinner is served to residents of Waynesboro from September-May, usually on the second and fourth Thursday of each month at 5:15 pm.
100 S. Church Street, Waynesboro, PA 17268 • 717-762-7011

Falling Spring Presbyterian Church, Chambersburg

A community dinner is served every Sunday at 5 pm.
221 N. Main Street, Chambersburg, PA 17201 • 717-264-5715

First United Methodist Church, Chambersburg

A community meal is served Thursdays at 5 pm. Children 5th grade and younger are invited to attend a children's program, and prayer is offered for those who request it.
Dinner is held in the Family Life Center immediately following the worship service.
225 S. Second Street, Chambersburg, PA 17201 • 717-263-8491

Grace United Church of Christ, Shippensburg

A community dinner is held every third Monday of the month 5-6 pm.
121 East Orange Street, Shippensburg, PA 17257 • 717-532-6221

Messiah United Methodist Church, Shippensburg

A community meal is served every second and fourth Tuesday of the month at 5:30 pm.
30 S Penn Street, Shippensburg, PA 17257 • 717-532-4904

Prince Street Church

A community meal is served the first and third Thursday of each month at 5:30 pm.
20 N Prince Street, Shippensburg, PA 17257 • 717-532-8404

Salem United Brethren Church

Offers a hot meal, support, and encouragement for families and friends of current and previous inmates. Held on the first and last Fridays of each month from 5 pm-8 pm.
4349 Letterkenny Road, Chambersburg, PA 17201 • 717-263-4123

COMMUNITY MEALS (CONTINUED)

St. Andrew's Episcopal Church

Serves a free meal on the first, second and fourth Mondays of the month, 4:30 pm-6 pm.
206 E. Burd Street, Shippensburg, PA 17257 • 717-532-8421

St. Seraphim Orthodox Center

A community lunch is served on Thursdays and Saturdays from 10 am-1 pm.
148 Lincoln Way East, Chambersburg, PA 17201 • 717-263-2006

The Lunch Place

Serves a hot, nutritious meal to the community every day, Monday-Friday from
11:30 am - 12:30 pm.
100 S. Church Street, Waynesboro, PA 17268 • 717-762-7011

The Salvation Army

Serves lunch Sundays, Mondays, Tuesdays, Wednesdays, and Fridays. Meals are served from 11 am-12 pm. Closed the first and fifth Sundays of the month.
159 Lincoln Way West, Chambersburg, PA 17201 • 717-264-6169

Trinity Episcopal Church, Chambersburg

A community breakfast is served every Thursday from 8 am-9 pm, and each person also receives a sack lunch to take with them. Held in the Parish Hall behind the church.
58 S 2nd Street, Chambersburg, PA 17201 • 717-264-6351

FOOD BENEFITS & ASSISTANCE

Central Pennsylvania Food Bank

Organized to solicit surplus food from local industry and effectively distribute these foods throughout a network of community organizations including food pantries, soup kitchens, and shelters. Also provides SNAP outreach services, facilitating client eligibility screenings and COMPASS applications.
717-564-1700

Central Pennsylvania Food Bank Food Stamps Helpline

SNAP outreach associates screen households and individuals through a toll-free number to see if they qualify for SNAP benefits (food stamps). After the screening, application assistance is provided.
877-999-5964

Franklin County Assistance Office

Those eligible for SNAP benefits receive an EBT ACCESS card to purchase food at grocery stores.
877-289-9177

Help Hotline - Blue Ridge Summit

Provides assistance with clothing banks, food banks, and limited utility bill assistance for residents of Blue Ridge Summit.
717-762-9050

FOOD BENEFITS & ASSISTANCE (CONTINUED)

PathStone Corporation Chambersburg

Serves the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services.

Services include: nutritional assistance, emergency shelter, first month rental assistance, rent in arrears, mortgage assistance and utilities in arrears assistance (one time only assistance).

717 264-2839

FOOD BANKS & PANTRIES

Antrim Brethren in Christ Church

Call to be given a pickup date and time. Must be a resident of the Greencastle-Antrim, Tuscarora, or Marion School District and show proof of identification and residency.

24 Kauffman Road East, Chambersburg, PA 17202 • 717-816-0024

Central Pennsylvania Food Bank

Organized to solicit surplus food from local industry and effectively distribute these foods throughout a network of community organizations including food pantries, soup kitchens, and shelters. Also provides SNAP outreach services, facilitating client eligibility screenings and COMPASS applications.

717-564-1700

Chambersburg Mosaic Church of the Nazarene

Food pantry available; call for times.

560 Black Avenue, Chambersburg, PA 17201 • 717-414-8024

Christ United Methodist Church, Waynesboro

Open to Waynesboro area residents. Each household may visit once per month and fill two grocery bags. Call to schedule your pickup.

100 S Church Street, Waynesboro, PA 17268 • 717-762-7011

Falling Spring Presbyterian Church, Chambersburg

Emergency food pantry to help until regular food sources become available.

221 N Main Street, Chambersburg, PA 17201 • 717-264-5715

First United Methodist Church, Chambersburg

Open Tuesdays 9 am-1 pm and Thursdays 9 am-5 pm, in the main lobby (back parking lot entrance). Each household can receive one bag of groceries per month. Must show photo ID.

225 S. 2nd Street, Chambersburg, PA 17201 • 717-263-8491

Five Forks Brethren in Christ Church

Two bags of groceries per month per household. Call to schedule your visit.

9244 Five Forks Road, Waynesboro, PA 17268 • 717-762-2991

FOOD BANKS & PANTRIES (CONTINUED)

King's Kettle Food Pantry

Food is distributed the first, second, and third Tuesday of each month from 5 pm-6:30 pm.
30 North Fayette Street, Shippensburg, PA 17257 • 717-530-9200

Maranatha Ministry, Inc.

Food is distributed on most Tuesdays and Thursdays from 7:45 am-10:30 am.
Doors open at 6:15 am.
195 W Loudon Street, Chambersburg, PA 17201 • 717-264-7785

Salem United Brethren Church, Chambersburg (Pete's Pantry)

Food is distributed Mondays and Wednesdays from 9 am-1 pm. On the third Wednesday of each month the hours are 3 pm-7 pm. Also open the last Saturday of each month 9 am-1 pm. Anyone may receive a one-time emergency distribution, but two forms are required for regular distribution. Call for information.
4349 Letterkenny Road, Chambersburg, PA 17201 • 717-263-4123

Shippensburg Produce and Outreach (SPO)

Provides fresh, healthy, perishable food items to residents in the Shippensburg Area School District that meet income guidelines. Every Tuesday from 4-6PM,
Call first, must be registered.
Shippensburg, PA 717-477-9100

South Central Community Action Programs (SCCAP), Franklin County

Manages the Gleaning Project and the Chambersburg, Fayetteville, Greencastle, Orrstown, and St. Thomas food pantries. Call for more information.
717-263-5060

St. Paul United Methodist Church, Chambersburg

Provides food to families once a month. Call for information.
750 Norland Ave, Chambersburg, PA 17201 • 717-267-3085

Valley Ministries

Serves those in the Fannett-Metal School District and adjoining townships. Food is distributed the first Wednesday of the month from 10 am-1 pm. Call for more information.
20344 School Road, Dry Run, PA 17220 • 717-349-0067

Waynesboro Community & Human Services

Provides a choice food bank where you can pick out what you and your family can use once per month.
123 Walnut Street, Waynesboro, PA 17268 • 717-762-6941

www.fullcart.org

Virtual Food Bank that provides food with dignity and discretion for families in need.
Simply apply online for a box of food.

MEAL DELIVERY SERVICES

Central Pennsylvania Food Bank Elder Share Supplemental Food Program

A monthly box of food for people ages 60 and over who are at or below 130% of the federal poverty level.

717-724-3188

Chambersburg Meals on Wheels

Each weekday (with exceptions for holidays) meals are delivered to home-bound, elderly, and disabled residents.

717-263-7228

Franklin County Area Agency on Aging

Home delivered meal services run Monday through Friday.

717-263-2153

Shippensburg Meals on Wheels (Cumberland County)

Hot meals are delivered to home-bound, elderly, and disabled residents.

717-261-6615

OTHER FOOD ASSISTANCE SERVICES

Christ Among Neighbors

Assistance for Shippensburg residents. Call for information.

130 S. Penn Street, Shippensburg, PA 17257 • 717-532-7577

Franklin County Assistance Office (Welfare Office)

Assistance with County benefits including SNAP (food stamps).

620 Norland Avenue, Chambersburg, PA 17201 • 717-264-6121 or 800-921-8839

Second Chance Ministry

Food assistance and Thanksgiving meals are available. Call for information.

717-404-2414

WIC of Franklin County

Pregnant women or women with babies or children under 5 can receive assistance with infant formula and breastfeeding support, healthy foods monthly and nutrition information, health and social services referrals.

533 S Main St, Chambersburg, PA 17201 • 717-263-0802

www.fullcart.org

Virtual Food Bank that provides food with dignity and discretion for families in need. Simply apply online for a box of food.

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

CLOTHING, HOUSEHOLD & BABY ITEMS

211

Dial 211 from any phone for free information about other community resources.

Circle of Love, Shippensburg

Community outreach program-neighbors donate and those in need benefit.
No judgement; no cost. Offering clothes, toys, shoes, baby equipment,
and personal care items.

717-372-1112

Little Daisy's Closet

No cost clothing, shoes, household items, toiletries, personal care items, and more.
No judgement or discrimination - if you need it, you are welcome to it.

Open Tuesdays and Thursdays from 1 pm - 6 pm.

924 Blanchard Ave., Chambersburg, PA 17201 • 717-414-2646

Katie's Place

130 S. Penn St., Shippensburg, PA 17257 • 717-477-9100

Shippensburg Produce and Outreach

Free diapers and personal care items for those in need. Must call first to register.

717-477-9100

Valley Ministries

Low-cost clothing for all ages from prom dresses to work boots. A bag of clothes
can be purchased for \$5. Household items and toys are also available for very low
prices. Purchases help to fund the food pantry.

20344 School Road, Dry Run, PA 17220 • 717-349-0067

BABY ITEMS & ASSISTANCE

Central Presbyterian Church, Chambersburg

Provides free diapers, baby and child clothing, and fresh produce to families in need.
40 Lincoln Way W., Chambersburg, PA 17201 • 717-264-4113

Chambersburg Fire Department Child Safety Program

Free car seat safety checks and installation. Rental car seats are available on a limited basis through PennDot. Seats are \$10 to rent, and \$5 is refunded when the seat is returned. Call to schedule an appointment.

Cribs for Kids provides a crib and safe sleep education to families with babies up to age 9 months who demonstrate financial need. Call for more information and press option 1.

A free event is held the first Saturday of the month, rain or shine, at the fire station. A safety topic and fire prevention materials are available, as well as information on the above programs.

130 N. Second Street, Chambersburg, PA 17201 • 717-263-5872

Early Learning Resource Center

Offers assistance with finding affordable, quality childcare.
533 South Main Street, Chambersburg, PA 17201 • 717-263-5060

Pregnancy Ministries

By attending educational classes about infant care, healthy choices, labor & delivery, etc. mothers and expectant mothers can earn baby formula, baby furniture, diapers, baby clothes, and more.

338 Lincoln Way East, Chambersburg, PA 17201 • 717-267-3738

CLOTHING

Christ Among Neighbors

Provides clothing assistance to Shippensburg residents. Call for information.
130 S. Penn Street, Shippensburg, PA 17257 • 717-532-7577

Christ United Methodist Church, Shippensburg

Clothing bank open Saturdays from 9:30 am-10:30 am.
47 E. King Street, Shippensburg, PA 17257 • 717-532-6850

First United Methodist Church

Provides clothing assistance. Call for an appointment.
225 S. Second Street, Chambersburg, PA 17201 • 717-263-8491

CLOTHING (CONTINUED)

Five Forks Brethren in Christ Church

Provides clothing assistance. Call for an appointment.
9244 Five Forks Road, Waynesboro, PA 17268 • 717-762-2991

Help Hotline - Blue Ridge Summit

Provides assistance with clothing banks, food banks, and limited utility bill assistance for residents of Blue Ridge Summit.
717-762-9050

Newburg United Methodist Church

A community clothing store offering affordable clothing by the bag for all ages. A brown grocery bag (provided) can be filled for \$2, winter coats \$2, jackets \$1, shoes 25 cents.
Open Wednesdays and Saturdays 9 am-12 pm and Thursdays 6 pm-8 pm.
203 N. High Street, Newburg, PA 17240 • 717-423-6223

St. Paul United Methodist Church

Provides clothing assistance. Call for more information.
750 Norland Avenue, Chambersburg, PA 17201 • 717-267-3085

The Salvation Army

Provides clothing assistance Monday-Friday 10 am-3:45 pm.
159 Lincoln Way West, Chambersburg, PA 17201 • 717-264-6169

Waynesboro Community and Human Services

Provides clothing services to Greencastle and Waynesboro residents. Open Monday, Tuesday and Friday 9 am-3 pm, Wednesday 9 am-12 pm, and Thursday 1 pm-6 pm.
Closed from 12-1 daily.
123 Walnut Street, Waynesboro, PA 17268 • 717-762-6941

HOUSEHOLD ITEMS

Bountiful Blessings - St. James African Methodist Episcopal Church

Provides non-food household items to people and families in need (ex: toilet paper, soaps, paper towels, etc.). Call for information.
510 S. Main Street, Chambersburg, PA 17201 • 717-264-4225

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

HOUSING

211

When beginning your search for housing or rental assistance, please dial 211 from any phone, Monday-Friday 9 am-4 pm. Representatives at this toll-free number can connect you with any of the following resources, and will help you find the one that best meets your current need. You can also visit Franklin County Community Connections at 550 Loudon Street, Chambersburg, PA 17201 Monday-Friday from 9 am-4 pm or call 717-261-3893.

RENTAL ASSISTANCE

Christ Among Neighbors

Provides assistance to Shippensburg Area School District and the village of Walnut Bottom.

717-532-7577

Five Forks Brethren in Christ Church

Provides rental assistance to Waynesboro and Greencastle residents.

717-762-2991

Franklin County Assistance Office (Welfare Office)

Provides rental assistance.

717-264-6121 or 1-800-921-8839

South Central Community Action Program (SCCAP) Homeless Assistance Program

Provides rental assistance and helps clients become self-sufficient. Only referrals by a housing specialist will be considered.

Call 211 or 717-261-3893

Salvation Army

Provides rental assistance when funds are available. Only referrals by a housing specialist will be considered. Please call 211 or 717-261-3893

Franklin County: 159 Lincoln Way West, Chambersburg, PA 17201 • 717-261-3893 or 211

Cumberland County: 20 E Pomfret St, PO Box 309, Carlisle PA, 17013 • 717-249-1411

Waynesboro Community and Human Services

Provides rental assistance to Waynesboro and Greencastle residents.

717-762-6941

MORTGAGE ASSISTANCE

Pennsylvania Housing Finance Agency Homeowner Assistance Fund

Provides assistance for mortgage and housing-related expenses to help prevent mortgage delinquencies, default, foreclosure, and displacement.

1-888-987-2423

OTHER HOUSING ASSISTANCE

Franklin County Housing Authority

Provides public housing assistance.

717-263-4200 or 717-762-7117 or www.fcha.net

Habitat for Humanity

Helps low-income families become self-reliant by assisting with affordable mortgages.

717-267-1899

Low-Cost Apartment/House Finder

www.PAhousingsearch.com or 1-877-428-8844 (Call Monday-Friday 9 am-8 pm)

Maranatha Ministries

Provides a transitional housing assistance program to help people become self-sufficient, and assists families in danger of foreclosure. Only referrals by a housing specialist will be considered.

Call 211 or 717-261-1708

National Call Center for Homeless Veterans

Free and confidential call center where veterans will receive information about VA homeless programs, healthcare, and other services in their area by trained counselors.

1-877-424-3838 (24 hours a day, 7 days a week)

North Point Veteran's Home

Transitional housing for homeless veterans.

240-500-3105

PAHousingSearch.com

A free service to list and find affordable homes and apartments across Pennsylvania.

1-877-428-8844

PathStone Corporation Chambersburg

Serves one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: nutritional assistance, emergency shelter, first month rental assistance, rent in arrears, mortgage assistance and utilities in arrears assistance (one time only assistance).

717 264-2839

SHELTERS

Bethesda Mission

Men's Mission: 611 Reily St., Harrisburg, PA 17102 • 717-257-4440
Women's Mission: 818 N 20th St., Harrisburg, PA 17103 • 717-257-4447
Local emergency shelters: 717-238-2851

Candle Heart Ministries

A recovery home for the homeless, those suffering from addiction, or former prisoners with a goal of helping the individual live an independent, productive life. Only referrals by a housing specialist will be considered.
Call 211 or 717-263-5179

Cold Weather Shelter (Drop-In Shelter)

Open 7 pm-7 am from December to April. Adults only—no children.
195 Loudon Street, Chambersburg, PA 17201 • 717-262-2143

Domestic Violence Services of Cumberland & Perry Counties

24 hour hotline: 1-800-852-2102

Hope Center

A shelter for men 18 and older.
125 N Prospect St., Hagerstown, MD 21741 • 301-739-1165

New Hope Shelter

A shelter for individuals and families. Only referrals by a housing specialist will be considered.
25 S. Potomac Street, Waynesboro, PA 17268 • Call 211 or 717-762-5840

Shelter of Franklin County

A shelter for individuals and families. Call first.
223 S. Main Street, Chambersburg, PA 17201 • 717-267-3669 • www.sccap.org

Women In Need

Offers shelter for victims of domestic violence and their children. Men may also call.
24 hour hotline: 717-264-4444 or 1-800-621-6660

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

DOMESTIC VIOLENCE & ABUSE

211

Dial 211 from any phone for free information about other community resources.

ChildLine

Call to report suspected child abuse or child welfare concerns.
1-800-932-0313 (24 hours a day, 7 days a week)

Domestic Violence Services of Cumberland & Perry Counties

1-800-852-2102 (24 hour hotline)

Elder Abuse

Call to report suspected abuse of elderly or disabled adults.
1-800-490-8505 (24 hour hotline)

Franklin County Area Agency on Aging

Supported services to those sixty years of age and older, intended to optimize independence, promote consumer choice, and enhance quality of life.
600 Norland Avenue, Suite 11, Chambersburg, PA 17201
717-263-2153 or 1-800-642-6990 (24 hours a day, 7 days a week)

Franklin County Children & Youth

Responsible for assuring the safety and wellbeing of dependent and abused children from birth to age 18.
425 Franklin Farm Lane, Chambersburg, PA 17202 • 717-263-1900
(After hours, call County Control 717-263-1611)

Over The Rainbow Children's Advocacy Center

Provides services and support to child abuse victims and suspected abuse victims and their families.
1461 South Main Street, Chambersburg, PA 17201 • 717-504-8491

Women In Need

Assistance for victims of domestic violence and their family. Men can also call the hotline.
717-264-4444 or 1-800-621-6660 (24 hour hotline)

UTILITIES

211

Dial 211 from any phone for free information about other community resources.

ELECTRIC

Customer Assistance & Referral Evaluation Services Program (CARES)

Provides assistance on a short-term basis to payment-troubled residential customers who are experiencing temporary hardship. Based upon circumstances, representatives make referrals to social agencies and/or provide appropriate program information.

1-800-545-7741

Low-Income Home Energy Assistance Program (LIHEAP)

Provides help with paying heating bills, and occasionally cooling bills. Funds may be used to pay an electric bill even if electricity is not the main source of heat. There are household income requirements for this program. LIHEAP has two components:

1. CASH provides a cash payment directly to the utility, to be applied toward bill reduction if certain guidelines are met.
2. CRISIS provides a grant to help avoid shut off of electric service from overdue bills. This grant also can be used to restore service shut off during the winter months.
www.compass.state.pa.us or 1-866-857-7095 (Open from October-May)

Pennsylvania Customer Assistance Program (PCAP)

Helps residential customers maintain electric service and eliminate their past-due balance by offering a reduced bill that is based on a percentage of income and debt forgiveness. Debt forgiveness credits are applied directly to participants' electric service accounts in recognition of payments that are made on time and paid in full. PCAP participants also are automatically enrolled in the Equal Payment Plan (EPP) – a budget plan that provides the ability to make consistent monthly payments.

Enrollment in the EPP is a requirement for PCAP.

1-888-282-6816

Second Chance Ministries

Provides assistance with electric bills for low-income families.

717-404-2414

WARM Program - Low Income Usage Reduction Program

Helps low-income customers lower electric bills to keep their homes more comfortable in winter and summer months. Available to homeowners and renters with landlord approval.

1-800-406-8074

Critical Customer Care Program (Medical Needs Assistance)

Helps customers who use certain electrically operated life sustaining medical equipment in their home, for whom a service interruption could be immediately life threatening, or would make operation of necessary medical or life supporting equipment impossible or impractical - prepare for planned and unplanned power outages. Please call if someone in your home uses this type of medical equipment.

1-800-545-7741

Dollar Energy Fund

Designed to help residential customers who have suffered a recent financial hardship and need temporary help in paying electric bills. The distribution of funds is administered by community-based organizations throughout the Penelec service territory. Open from October until funds are exhausted.

www.dollarenergy.org or 1-888-282-6816

Medical Certification

Customers with severe health problems may have a licensed physician certify in writing that a termination of electric service would be especially dangerous. The medical certification will postpone the termination of electric service for 30 days. The certification is designed to provide the customer with additional time to pay their past-due balance. The customer is still responsible for the past-due amount and will be given the opportunity to pay the balance in monthly installments.

The Salvation Army, Chambersburg (Senior Heating Assistance)

Assistance is available to help pay heating bills (electric, kerosene, fuel oil). Individuals who are age 60 and over can apply for assistance with their heating bill during the time frame of December 1- April 30.

717-264-6169

GENERAL UTILITY ASSISTANCE

Christ Among Neighbors

May provide assistance in the form of rental, utility bills, clothing or medical bills.

Assistance may include emergency service delivery and/or referrals or consultations to other agencies or organizations to help solve the problem. The serviced areas are defined as the Shippensburg Area School District and the village of Walnut Bottom (zip code 17266 and zip code 17257 on High Mountain Road).

717-532-7577

Help Hotline (Blue Ridge Summit)

Provides assistance with clothing banks, food banks, and limited financial assistance with utility bills to those in Blue Ridge Summit .

717-762-9050

Maranatha Ministries

Ensures basic needs are met including utilities.

717-261-1708

Newburg First Church of God

Provides rental or utility assistance to those in zip code 17240.

717-423-6279

Operation Concern

Provides help with utility payments.

717 261-1328 or 717-261-1708

PathStone Corporation Chambersburg

Serves the one-time emergency needs of migrant and seasonal farmworkers and other rural disadvantaged people who may not be eligible for other emergency services. Services include: nutritional assistance, emergency shelter, first month rental assistance, rent in arrears, mortgage assistance and utilities in arrears assistance (one time only assistance).

717 264-2839

Public Utility Commission

Provides conservation tips and resources.

1-800-692-7380 or www.puc.pa.gov

GENERAL UTILITY ASSISTANCE (CONTINUED)

South Central Community Action Programs, Inc.

Helps reduce utility costs for eligible individuals and families.

717-263-5060

Waynesboro Community & Human Services

The Financial Assistance Program assists clients who have a utility shut off, and those in need of first month or late rent payments to prevent homelessness, fuel oil, or prescriptions. WCHS is authorized to complete Dollar Energy applications.

717-762-6941

PHONE & INTERNET

Comcast Essentials

People who qualify for government benefit programs may be eligible for free or low-cost internet access at home.

1-800-934-6489 or www.internetessentials.com

Safelink Wireless—Lifeline

People who receive county benefits qualify for a free phone or internet service.

One phone per household.

1-800-Safelink (723-3546) or www.safelinkwireless.com

Additional Free Or Low-Cost Cell Phone Programs:

Access Wireless- 1-888-900-5899

Assurance Wireless- 1-888-321-5880

enTouch Wireless- 866-488-8719

FeelSafe Wireless- 877-247-7799,

Life Wireless- 1-888-543-6320

QLink Wireless- 1-855-754-6543,

StandUp Wireless- 1-800-544-4441

Tag Mobile- 469-450-3507

PERSONAL/MEDICAL EMERGENCY RESPONSE SYSTEMS

Devices used for emergency response systems (also often known as "Personal Emergency Response Systems" or "Medical Emergency Response Systems") can range from cell phones given to individuals for dialing 9-1-1, to monitoring devices worn as a bracelet or necklace, to sophisticated automated call-and-response systems designed to come to the aid of a person who may not be able to communicate or give a signal for help. These systems typically have a monthly fee but some individuals over 60 may be able to receive assistance from the Area Agency on Aging. To discuss services with the Area Agency on Aging, please call 717-263-2153.

Personal Emergency Response Systems:

Alert1- 1-866-294-1787

Life Alarm- 1-800-780-5433

Life Alert- 1-866-696-6336

Lifeline- 1-855-532-7799

Medical Alert- 1-800-281-025

Staar Alert- 1-800-338-7114

Vital-Link- 1-800-338-4825

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

ADULT EDUCATION AND JOB TRAINING/PLACEMENT

211

Dial 211 from any phone for free information about other community resources.

ADULT EDUCATION

Career Development Services System (CDSS) – US Department of Labor, Job Corps

No-cost education and training that helps low-income individuals between the ages of 16-24 through residential vocational and academic training. Applicant must receive public assistance, earn poverty-level income, be homeless, a foster child, or qualify for free or reduced lunch. Must be a US citizen, resident, or authorized to work in the US.

1-800-733-5627

Franklin County CareerTech

Provides low-cost adult education courses and certifications.

717-263-9033 extension 227

Franklin County Literacy Council

Provides one-on-one or small group help in areas of Adult Basic Education (ABE) and English as a Second language (ESL) for reading, writing, speaking, math, pre-GED, citizenship, and literacy skills needed to gain or improve employment opportunities for residents 17 and older. Hours: Monday through Thursday, 9:00 am-2:00 pm,

Friday, 9:00 am-12:00 pm.

101 East King Street, Chambersburg, PA 17201 • 717-504-4459

Hope Reformed Presbyterian - GED Program

Free GED classes Wednesday evenings at 6 pm. Program runs two semesters per year for 12 weeks each with free dinner served at 6 pm and class from 6:30-8:30PM.

123 Walnut Bottom Road, Shippensburg, PA • 717-532-8998

House of Grace

Provides life skills training and mentoring to women ages 18 and older.

717-709-0085

Lincoln Intermediate Unit

Offers free classes for adult learners including: GED/high school equivalency and employment skills, reading, writing, math, and/or computer skills, and transition assistance for higher education and/or job certifications.

717-263-2700

ENGLISH AS A SECOND LANGUAGE

Coyle Free Library

Offers classes for beginners and advanced speakers.
717-263-1054

Duolingo

Free online language education: www.duolingo.com/learn

Franklin County Literacy Council

Provides one-on-one or small group help in ESL for reading, writing, speaking, math, pre-GED, citizenship, and literacy skills needed to gain or improve employment opportunities for residents 17 and older. Hours: Monday through Thursday, 9:00 am-2:00 pm; Friday, 9:00 am-12:00 pm.
101 East King Street, Chambersburg, PA 17201 • 717-504-4459

House of Grace

Classes for women.
717-709-0085

King Street Community Center

Offers classes in English as a second language and citizenship preparation.
717-262-2326

Lincoln Intermediate Unit

717-504-4455

PA Career Link

717-264-4584 ext. 4974

JOB TRAINING AND PLACEMENT

AHEDD

Assists individuals living with a disability in finding employment.
717-494-4007

Career Development Services System (CDSS) – US Department of Labor, Job Corps

No-cost education and training that helps low-income individuals between the ages of 16-24 through residential vocational and academic training. Applicant must receive public assistance, earn poverty-level income, be homeless, a foster child, or qualify for free or reduced lunch. Must be a US citizen, resident, or authorized to work in the US.
1-800-733-5627

JOB TRAINING & PLACEMENT (CONTINUED)

Occupational Services, Inc.

Assists individuals living with physical or intellectual disabilities, mental illness, or other barriers to employment by providing job training, job coaching, and job placement.

717-263-9293

PA CareerLink

Offers job training, apprenticeship programs, and job placement assistance.

717-264-4584

SCCAP

Offers a work-ready program to help individuals overcome barriers to employment.

533 S. Main Street, Chambersburg, PA 17201 • 717-263-5060

United Way of Franklin County

Offers job training courses throughout the year and job placement assistance.

717-262-0015

Youth Advocate Programs - Franklin- Pre-Employment Transition Services/ Office of Vocational Rehab

Provides a generalized early start to job exploration. Assists students with disabilities (as documented by an Individualized Education Plan or 504 Plan, or who otherwise consider themselves as a person with a disability) in identifying career interests that may be further explored through individualized Vocational Rehabilitation (VR) services.

Hours: Monday - Friday 8:30 am - 5:00 pm

390 Floral Avenue, PO Box 1093, Chambersburg, PA 17201 • 717-267-7887

BUDGETING & SELF SUFFICIENCY CLASSES/SUPPORT

Maranatha Ministry Inc.

Free budgeting classes and counseling for those with low incomes. Budgeting classes provide financial education covering the importance of budgeting, budget setup, using credit wisely, consequences of credit and how to set financial goals.

717-261-1708

SCCAP

A free program to help families and individuals get of poverty and work toward self-sufficiency. Assists with identifying barriers, budgeting, goal-setting, mentorship, and more.

533 S. Main Street, Chambersburg, PA 17201 • 717-263-5060

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

HEALTHCARE

211

Dial 211 from any phone for free information about other community resources.

HEALTH

Chambersburg Hospital/WellSpan Health

Provides assistance for those who need help paying their bills. The program can be used at the Hospital or any WellSpan healthcare practices.

717-267-7129 (hospital) or 717-263-9555

Cumberland/Perry Mental Health Program

Offers access to a full range of services for persons with mental health difficulties who live within the two-county area (Cumberland/Perry). Services include Case Management, Peer Specialist, Family Based Services, Crisis Intervention, Supported Employment, Warmline, and more.

To speak with an intake specialist, contact one of the Base Service Units (ask for intake) at Holy Spirit Behavioral Health Center (Camp Hill) at 717-763-2228 or Merakey (Carlisle) at 717-243-6033.

Keystone Health

Provides a reduced fee program based on income to be used at any of its healthcare practices, and offers free assistance in finding affordable health insurance or government health benefits. Also provides assistance with connecting people to other community charities and programs.

717-709-7969

Keystone Health Crisis Intervention

Mental health or drug and alcohol emergency services. Open 24/7.

717-264-2555 or 1-866-918-2555

Mental Health Association of Franklin and Fulton Counties

Provides support for those living with mental health conditions.

717-264-4301 (Franklin) or 717-485-4642 (Fulton)

HEALTH

Nurse-Family Partnership

Free program for those who are pregnant with their first baby. After enrolling you will be connected to an RN who will provide the support, advice, and information you need to have a healthy pregnancy, a healthy baby, and be a great parent. Open to anyone pregnant with their first child, pregnant 28 weeks or less, and meet income requirements. Call 717-782-2335 or text 717-603-1000 for more information and to apply.

Pregnancy Ministries

Support for expectant parents and babies. Locations in Chambersburg, Shippensburg, Greencastle, and Waynesboro.
717-267-3738

Service Access & Management, Inc. (SAM)

Helps people in Franklin/Fulton County to enhance the quality of their lives by effectively and efficiently managing and/or providing needed, accessible, and individually satisfying human services. Provides mental health targeted case management services, intellectual disability support coordination services, and early intervention services. These services are available to those who qualify based on diagnosis and asset requirements.
717-261-1555 or 717-709-4321

Shippensburg Community Nurse

Free in-home nursing assessment, medication management, and procedures not covered by insurance. Any person 18 and older living in the greater Shippensburg area qualifies; patients must have a primary care provider.
717-530-7900

Waynesboro Hospital (WellSpan)

Provides assistance for those who need help paying their bills.
717-267-3406

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

PHARMACIES/PRESCRIPTIONS

Franklin County Prescription Discount Card

Call 717-261-2561 to get the card and 1-877-321-2652 for a list of participating pharmacies.

GoodRx

Save up to 80% on prescriptions. Download the app on your smartphone or search for your drug name on goodrx.com and print the coupon. GoodRx can only be used at certain pharmacies. Call ahead to determine if your pharmacy accepts these coupons.
855-268-2822 • www.goodrx.com

Keystone Health

Offers a variety of discounted prescriptions to eligible patients. Free prescription delivery within a 10-mile radius. Also offers a 340B discount program which can be used at several local pharmacies.
717-709-7977

Operation Concern

Financial assistance in paying for medications.
717-261-1328 or 717-261-1708

Partnership of Prescription Assistance

www.pparx.org

Patient Assistance Program

Free or low-cost medicine to uninsured persons who cannot afford their prescriptions.
www.rxassist.org

Pharmacy Discount Card—Familywize

Anyone can use this discount card—with or without insurance.
Www.familywize.org

Salvation Army

May be able to offer assistance for paying for prescriptions.
717-264-6169 • 159 Lincoln Way West, Chambersburg, PA 17201

Social Security Administration

Assistance with premiums, co-pays and annual deductibles for eligible Medicare patients.
1-800-772-1213

Waynesboro Community and Human Services

Assistance for Waynesboro and Greencastle residents.
717-762-6941

\$4 and \$10 Generic Prescriptions

Ask your pharmacy about this program. Some participating pharmacies include Target, Walmart, and Giant.

TRANSPORTATION

211

Dial 211 from any phone for free information about other community resources.

Commuter Services of Pennsylvania

Offering transportation resources to help you get to and from work in a more efficient way. Earn rewards on every green trip you take.

1-866-579-RIDE • www.PaCommuterServices.org

RabbitTransit

You may qualify for reduced fees if: you are currently on Medical Assistance through the Department of Human Services, you are a person with a disability between the ages of 18-64, or you are 60 or older.

717-846-RIDE (7433) or 1-800-632-9063

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

SOCIAL ISOLATION

211

Dial 211 from any phone for free information about other community resources.

The Arc

Offers free social events each month. Everyone is welcome to attend.
717-264-4390

Coyle Free Library

Offers a variety of free programs, classes, and movies each month.
102 N Main St, Chambersburg, PA 17201 • 717-263-1054

Franklin County Area Agency on Aging

Offers several services to enhance the quality of life for persons 60 years old or older.
717-263-2153 or 1-800-642-6990

Samaritans 24/7 Helpline

Each day, people who are lonely, desperate, or struggling can turn to Samaritans for compassion and support. Call, text, and chat support services available.
1-877-870-4673 • www.samaritanshope.org

Senior Reach

Free program providing reassurance for senior citizens or their caregivers, retirees, widowed persons, etc. who might find comfort in having a Peer Specialist/Call Specialist contact them to talk on a regular basis. For individuals 60 and over.
717-264-4301

Stephen Ministry — First United Methodist Church of Chambersburg

For anyone who wants someone to talk to, needs encouragement, and/or support during difficult times.
717-263-8491

Other Programs: Contact your nearest library, church, or activity center to inquire about other social clubs and events throughout the year.

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**

MILITARY SUPPORT

211

Dial 211 from any phone for free information about other community resources.

Franklin County Veteran Affairs

Helps veterans and their families with benefits and resources, submission and appeals of benefit claims, healthcare enrollment assistance, and outreach programs.

425 Franklin Farm Lane, Chambersburg, PA 17201 • 717-263-4326

National Call Center For Homeless Veterans

Free and confidential information about programs, healthcare, and other VA services.

1-877-424-3838

North Point Veteran's Home

Housing support for homeless veterans including employment services.

328 N. Potomac St., Hagerstown, Maryland 21740 • 410-453-9553 x 3333 • www.waystationinc.org

Operation Homefront

Provides several types of support to military members and their families including housing/rent, food, holiday meals, scholarships, and baby/children supplies.

(210) 659-7756 • www.operationhomefront.org

PA Career Link - Employment Services Designed For Veterans

717-264-4584 • www.pacareerlink.pa.gov

Pennsylvania Wounded Warriors

Supports Wounded Warriors, Veterans in Crisis, and their families. Emergency financial assistance to help pay for housing, utilities, transportation, medical, and other expenses.

1-855-729-9435

US Department of Veteran Affairs

Offers support to military members and their families including health care and benefits, housing support and home loans, vocational rehabilitation, burials and memorials.

1-800-698-2411 • www.va.gov

Veteran's Crisis Line

1-800-273-8255 (Press 1) or text 838255

Veteran's Multi-Service Center (Franklin and Fulton Counties)

Comprehensive support services to help low-income Veterans move into their own housing, access benefits, employment, and much more.

844-226-0368 • centralpainfo@vmcenter.org

LEGAL SERVICES

211

Dial 211 from any phone for free information about other community resources.

Franklin County Area Agency on Aging

Legal support for low-income people who are 60 or older.
717-263-2153 or 1-800-642-6990 • www.franklincountypa.gov

Franklin County Legal Services

Legal support for low-income residents in civil, non-criminal matters.
717-262-2326 • www.fcls.net

MidPenn Legal Services

Offers legal support for low-income residents.
717-264-5354 or 1-800-372-4737 • www.midpenn.org

Office of the Public Defender

Call to schedule an appointment to fill out your application for representation by a public defender.
717-261-3863

Women In Need

Offers legal support for victims of abuse and violence. Men can also call.
717-264-4444 or 1-800-621-6660

***IF ANY INFORMATION IN THIS GUIDE SHOULD BE UPDATED, OR IF ANY OTHER ORGANIZATION SHOULD BE LISTED, PLEASE CONTACT EMAIL@KEYSTONEHEALTH.ORG**