



Kindness is defined as “the quality of being friendly, generous, and considerate”. Genuine kindness expressed through daily living has the potential to change lives by making individuals feel cared for. The #BeKind movement brings awareness of the importance of kindness in everyone’s lives during the week of November. **#ShipBeKind** encourages people to carry out acts of kindness in our community.

Scan the QR code to learn more.



Scan this QR code to learn more about SCRC during #ShipBeKind

November 10-16, 2025

SAMS/SASHS Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10 “UNDER THE SURFACE” STUDENTS WRITE AFFIRMATIONS OR TRUTHS ABOUT THEMSELVES ON SEA CREATURE SHAPED CARDS	11 Veterans Day! ENCOURAGE STUDENTS TO WRITE LETTERS TO VETERANS	12 “LINK THE REEF” STUDENTS WRITE KIND DEEDS THEY HAVE DONE OR RECIEVED ON STRIPS OF PAPER TO FORM A PAPER CHAIN CORAL REEF	13 National World Kindness Day! “FIND YOUR ANCHOR” STUDENTS WILL SHARE WHO/WHAT ANCHORS THEM IN HARD TIMES AND HOW THEY CAN BE AN ANCHOR FOR OTHERS ON ANCHOR SHAPED CARDS	14 “REFLECTION SHELLS” STUDENTS WILL WRITE ONE THING THEY LEARNED THIS WEEK OR ONE ACT OF KINDNESS THEY COMMITTED ON SEASHELL SHAPED CARDS	15 SHOW KINDNESS BY SUPPORTING A LOCAL BUSINESS, DONATING ITEMS, OR VOLUNTEERING	16 SHARE A POST ABOUT KINDNESS ON SOCIAL MEDIA USING #SHIPBEKIND