















February 2024

#ShipBeKind

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FAMILY AND FRIENDS FRIDAY	SOCIAL MEDIA SATURDAY	SUNDAY
USE THIS CALENDAR TO INSPIRE YOU TO DO AN ACT OF KINDNESS EACH DAY IN FEBRUARY!	SAMS SHARE THE WAYS YOU SHOW OR EXPERIENCE KINDNESS BY POSTING TO THE HASHTAG #SHIPBEKIND		1 STAND UP FOR SOMEONE 	2 GIVE A FRIEND OR FAMILY MEMBER A SMALL GIFT OR A KIND NOTE WEAR YOUR #SHIPBEKIND MERCH! 	3 SHARE A POST ABOUT KINDNESS ON SOCIAL MEDIA USING #SHIPBEKIND	4 CALL, TEXT, OR TALK TO SOMEONE YOU HAVEN'T TALKED TO IN A WHILE
5 HOLD THE DOOR FOR SOMEONE	6 SHOW YOUR KINDNESS BY SUPPORTING A BLACK OWNED BUSINESS SEE QR CODE FOR BLACK OWNED BUSINESSES 	7 PAINT A KINDNESS ROCK DURING GREYHOUND BLOCK! BUY BE KIND ROLLER SKATING TICKETS AT LUNCH!	8  PAINT A KINDNESS ROCK DURING GREYHOUND BLOCK! BUY BE KIND ROLLER SKATING TICKETS AT LUNCH!	9 ASK A FRIEND OR FAMILY MEMBER HOW THEIR DAY WAS BUY BE KIND ROLLER SKATING TICKETS AT LUNCH! WEAR #SHIPBEKIND MERCH!	10 SHARE A PHOTO OF A LOVED ONE OR PET ON SOCIAL MEDIA USING #SHIPBEKIND 	11 DO SOMETHING KIND FOR YOURSELF
BE KIND SPIRIT WEEK! 12 BE A VALENTIN! DRESS THE SAME AS SOMEONE COMPLIMENT 5 NEW PEOPLE BE KIND ROLLER SKATE EVENT 6P-8P BUY BE KIND ITEMS AT LUNCH!	BE KIND SPIRIT WEEK! 13 WEAR A JERSEY OR SPORTS SHIRT TO SHOW YOU ARE ON TEAM KINDNESS!  SEND A MESSAGE TO SOMEONE YOU CARE ABOUT BUY BE KIND ITEMS AT LUNCH!	BE KIND SPIRIT WEEK! 14 HAPPY VALENTINES DAY! WEAR RED, WHITE, AND/OR PINK NOMINATE SOMEONE "CAUGHT BEING KIND" IN GREYHOUND BLOCK! BUY BE KIND ITEMS AT LUNCH!	BE KIND SPIRIT WEEK! 15 SHOW KINDNESS TO EACH OTHER! TEACHERS DRESS AS STUDENTS AND STUDENTS DRESS AS TEACHERS NOMINATE SOMEONE "CAUGHT BEING KIND" IN GREYHOUND BLOCK! BUY BE KIND ITEMS AT LUNCH! 	16 NO SCHOOL MAKE A FRIEND OR FAMILY MEMBER SMILE	17 SHARE A KIND ACT YOU HAVE DONE ON SOCIAL MEDIA USING #SHIPBEKIND 	18 DONATE: BOOKS, CLOTHING, FOOD, TIME 
19 NO SCHOOL DO A CHORE FOR SOMEONE WITHOUT THEM KNOWING	20 TELL SOMEONE WHY YOU LOVE THEM 	21 WHO TAUGHT YOU TO BE KIND? KINDNESS TRIBUTE DURING LUNCH	22 WHO TAUGHT YOU TO BE KIND? KINDNESS TRIBUTE DURING LUNCH	23 FORGIVE A FRIEND OR FAMILY MEMBER WEAR #SHIPBEKIND MERCH! 	24 SHARE AN INSPIRATIONAL QUOTE ON SOCIAL MEDIA USING #SHIPBEKIND 	25 HELP SOMEONE THAT LIVES WITH YOU
26 TELL SOMEONE "THANK YOU!"	27 THANK A FIRST RESPONDER	28 WRITE A CARD THANKING A TEACHER/STAFF DURING GREYHOUND BLOCK	29 WRITE A CARD THANKING A TEACHER/STAFF DURING GREYHOUND BLOCK 	"Take a month to show some kindness for the folks who thought that blindness was an illness that affected eyes alone." - Maya Angelou	Scan this QR code to learn about black owned business you can support on Feb. 6th!	



Scan this QR code to learn more about SCRC during #ShipBeKind



Scan this QR code to learn about the Black History Month events going on in February

