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| Basic needsCumberland County Quick reference Resource Guide 2020 |
| Housing |
| ~Call 211 (Complete Connect to Home Survey)~Community CARES-Street Reach (717)-249-1009Morethanshelter.org~Cumberland County Housing and Redevelopment Authority (HUD) (717)-249-1315cchra.com~United Way of PA Uwp.org~Salvation Army: Pathway of Hope (717)-249-1411Pa.salvationarmy.org |
| Financial Assistance |
| ~ Homeless Assistance Program (717)-240-6117~Cumberland County Assistance Office (ESA Funds-Emergency Shelter Allowance) (717)-240-2700 compass.state.pa.us~MARANATHA (Financial Counseling Services) (717)-258-1000 Maranatha-carlisle.org |
| Food |
| ~Cumberland County Assistance Office – SNAP (Food Stamp) (717)-240-2700compass.state.pa.us~Central PA Food bank-FIND FOOD (717)-564-1700Centralpafoodbank.org |
| Transportation |
| ~Rabbittransit 1-800-632-9063Rabbittransit.org~Carlisle Area Ride Service (CARS) (717)-601-9184~His Hands Auto Repair Ministry (717)-258-5483 |
| Income |
| ~PA CareerLink Cumberland County (717)-243-4431Jobseekers@scpaworks.org~Social Security Hotline (800)-772-1213Ssa.gov~Cumberland County Assistance Office (717)-240-2700 compass.state.pa.us~Domestic Relations (717)-240-6225 humanservices.state.pa.us |
| Child welfare  |
| ~Cumberland County Children and Youth Services (717) 240-6120~ChildLine (Child abuse/neglect Hotline) 1-800-932-0313keepKidsSafe.pa.gov |

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| Mental Health  |
| Crisis Intervention |
| ~West Shore Area– (717)-763-2222~Carlisle Area– (717)-243-6005 ~East and West Cumberland County-1-866-350-HELP (4357) |
| Cumberland/Perry County MH/IDD, EI |
| ~ Mental Health (MH), Intellectual & Developmental Disabilities (IDD), and Early Intervention (EI)-(717)-240-6320Ccpa.net~Base service unitsGeisinger Holy Spirit Behavioral Health Services – (717)-763-2228Geisinger.orgMerakey (The Steven Center) – (717)-243-6033Merakey.org~ CASSP Programs-(717)-240-6320  |
| Health Insurance |
| Medical assistance/Chip |
| ~Cumberland County Assistance office (717)-240-2700compass.state.pa.us~Children’s Health Insurance Program (Chip) 1-800-986-5437Chipcoverspakids.com |
| Marketplace  |
| ~Marketplace Insurancehealthcare.gov1-800-318-2596 |
| Patient enrollment specialist |
| ~ Sadler Health Center Corporation-(717)-960-4395Sadlerhealth.org |
| Drug and Alcohol services |
| Cumberland-Perry Drug & Alcohol Commission |
| ~Cumberland-Perry Drug & Alcohol Commission– (717)-240-6300Ccpa.net~ Alcoholics Anonymous (AA)-(717)-234-5390aaharrisburg.org~ Narcotics Anonymous (NA)-(717)-233-3733nar-anon.org/naranon~ Al Anon/Alateen- (717)-257-1033pa-al-anon.org  |

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| Medical  |
| Medical Doctor  |
| ~Call member services on the back of insurance card ~Providers for low income/no insurance: Sadler Health Medical clinic-(717)-218-6670Sadlerhealth.orgHamilton Health-(717) 232-9971Hamiltonhealthcenter.comPA State Health Nurse-(717)-240-7858 |
| Dentist |
| ~Call member services on back of insurance card ~Providers for low income/no insurance: Sadler Health Dental clinic-(717)-218-6670Sadlerhealth.orgHamilton Health Dental Clinic-(717) 232-9971Hamiltonhealthcenter.comWellspan York Hospital Dental Center Walk in Clinic 1001 S. George St. York, PA (717)-851-2655 |
| Vision |
| ~Call member services on back of insurance card~Vision Resources of Central PA vrocp.org(717)-238-2531 Ext. 325 |
| Health Advocacy  |
| ~PA Elks Nurse- (717) 571-1496paelkshomeservice.org |
| Community services |
| Human Services  |
| ~Call 211-customized health, housing and human services information  |
| Legal  |
| ~ Mid-Penn Legal Service (717)-243-9400Midpenn.org~ Dickinson Family Law Clinic (717)-243-2968Dickinsonlaw.psu.edu~Cumberland County Bar Association Lawyer Referral Service (717)-249-3166Cumberlandbar.com |
| Advocacy  |
| ~ CPARC- cparc.org/advocacy 717-249-2611~ Education consult line- 1-800-879-2301pealcenter.org |

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