



## THIS ISSUE

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## LIT CAMP

Leaders-in-Training (LIT) Camp 2020 was held virtually this summer in response to the current global pandemic. The current health crisis did not stop youth in the Shippensburg Area School District (SASD) from joining the virtual programming! LIT Camp was held via Zoom from June 2 - June 5.

## SCRC

The Shippensburg Community Resource Coalition (SCRC) is a collaborative effort to provide quality social services and youth programs that are accessible and safe and that recognize the dignity and worth of each person. Our goal is to help community members reach their full potential.

## LETTER FROM DIRECTOR

Hello,

My name is Alexandra, and I served as the director of the leadership camp this summer. The SCRC offered a leadership camp every summer from 2013 to 2015 for youth in the SASD. In 2019, the SCRC's leadership camp made its long awaited return. The leadership camp was previously known as Teen Leadership Camp but was recently renamed. The camp is now called Leaders-in-Training (LIT) Camp. This year, the SCRC offered its leadership camp virtually for the first time ever! LIT Camp had 19 teens register and participate. During the four-day camp, participants learned positive peer role modeling, problem solving skills, active listening skills, and basic interpersonal management skills. By the end of camp, participants were able to define leadership and determine how their own strengths make them a good leader.

We created a Word Cloud during camp which is pictured above. The larger the word, the more often it was said when asked, "What comes to mind when you think about leadership?" The word empathetic kept coming up throughout the four days I spent with the teens. Empathy means "showing an ability to understand and share the feelings of another" and our youth embody this trait through and through. The many positive traits our youth possess will help them to connect with others which is crucial to effective leadership. I can confidently say that our future is bright. Joey Loffio, LIT Camp program assistant, and I thank all the teens who committed to growing and learning with us. We would also like to thank all the guests that joined us virtually and demonstrated what it means to be a leader.

All the best,

Alexandra D. Jones

# LEADERS AREN'T BORN, THEY ARE MADE.



## CAMP RECAP

LIT Camp began with a personality and leadership style quiz. Some participants were authoritarian or autocratic leaders and others were more democratic or participative. No matter what the results, participants recognized that they can evolve and change over time. Campers planted flowers at home to symbolize their own growth. They also created vision boards that displayed their future goals as leaders. Throughout the final three days, community leaders joined the Zoom sessions to discuss leadership and best practices to be an effective leader in school, home, and/or the community. On the last day of camp, participants learned about and discussed community organizing and influential teen leaders. Campers learned about Malala Yousafzai, Greta Thunberg, and Joshua Wong. Change comes in many forms—whether it be for education or the environment. Click on each teen's picture to learn more about their activism efforts.



## WE ARE HERE

Campers watched *Troop Zero* on the third day of camp. The film, an American comedy-drama released in 2019, follows the life of Christmas Flint. She is a young person living in Georgia during the late 70s. Christmas is highly interested in outer space and believes that she can communicate with other life beyond planet earth. Christmas wants to join the Birdie Scout youth group in order to win a talent show. The winners will have their voice recorded and transmitted into outer space. Christmas forms a troop and this spunky cast of characters realize the highs and lows of being a leader. The characters in this movie taught us to remember that even when we feel small, we are here.

## CAPTAIN MCGILL

Captain Connie McGill of the Shippensburg Emergency Medical Service (EMS) crew spoke with campers about CPR and First Aid. Captain McGill emphasized the importance of leaders being aware of their surroundings at all times and knowing what to do to keep themselves and others safe.

## DR. SENECA

Dr. Christine Senecal, Associate Professor of History and Philosophy at Shippensburg University, conducted a yoga lesson with campers. Dr. Senecal also led a breathing exercise to decrease anxiety. After this guest, the campers were able to make a connection between effective leadership and being in tune with one's inner self.

With this knowledge, campers can be mindful not mind full when others are counting on them.

## PEER EDUCATORS

Julie Lieback and Marcus Carter, Peer Educators for the Shippensburg University Opioid Prevention Peer Education Team, spoke to campers about substance abuse and misuse. The pair highlighted prescription medication abuse and misuse. Campers were able to discuss the dangers of alcohol and other drugs with the presenters and their peers.

Peer Educators emphasized the importance of leaders making healthy decisions.

# YOUR DEEDS ARE YOUR MONUMENTS.



## SLP 2020

LIT campers are welcome to participate in the SCRC's Summer Learning Program (SLP) 2020 in a leadership capacity. LIT Camp was designed to prepare participants to take on a more involved role in SLP. If interested in fulfilling this optional role, campers should reach out to the SCRC for more information. This year, for the first time in its 8 year history, SLP will be offered virtually until further notice. Teens will need to register for SLP online whether or not they wish to serve in a leadership role.

SLP participants will be reading *Wonder* by R.J. Palacio. The theme for SLP this year will be about celebrating and acknowledging differences. Click on the picture of the book cover to learn more about Auggie Pullman. Get ready to #ChooseKind this summer!



## CONNECT

The SCRC would like to connect with youth and families! Please visit our website, send an email, and follow us on social media.



[www.shipresources.org](http://www.shipresources.org)



[scrc@shipresources.org](mailto:scrc@shipresources.org)



[@ship\\_scrc](https://www.instagram.com/ship_scrc)



[@resourcecoalition](https://www.facebook.com/resourcecoalition)

## DR. SUPPO

Dr. Chris Suppo, the Superintendent of SASD, spoke with campers about being leaders at school. Dr. Suppo reminded campers that you can be a leader with just one person. He suggests reading *Drive: The Surprising Truth About What Motivates Us* by Daniel H. Pink to learn more about autonomy, mastery, and purpose.

## CHIEF DOMINICK

Police Chief Meredith Dominick of the Shippensburg Police Department talked to campers about respect and safety. Chief Dominick reminded youth that protesting injustices is a constitutional right.

After speaking with Chief Dominick, participants gained a better understanding of how local law enforcement enacts leadership within their own community and the importance of teamwork.

## MAYOR COY

Mayor Kathy Coy of Shippensburg came to speak with campers about being a public servant and the importance of giving back to the community, especially when in a position of leadership. Mayor Coy told campers that communication is key to being a good leader.



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SCRC is an official university-  
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